

# BREASTON & DRAYCOTT VILLAGE NEWS

June 2021

50p



**Good  
news  
stories**

**Georgia  
page 22**

**David  
page 21**



# Fiona Frankland

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## Photo of the month



*Crummock Water in the Lake District*



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## Thought for the month

Before Jesus ascended to heaven, he said to his followers:

'Do not leave Jerusalem but wait for the gift my Father has promised, which you have heard me speak about. For John baptised with water, but in a few days you will be baptised with the Holy Spirit' (Acts 1:4-5)

and

'..you will receive power when the Holy Spirit comes on you; and you will be my witnesses...'

Jesus followers acted on Jesus' words:

'They all joined together constantly in prayer' (Acts 1:14)

Jesus was true to his word because on the day of Pentecost:

'All of them were filled with the Holy Spirit...' (Acts 2:4).

The effect of this was a boldness to proclaim the good news of Jesus.

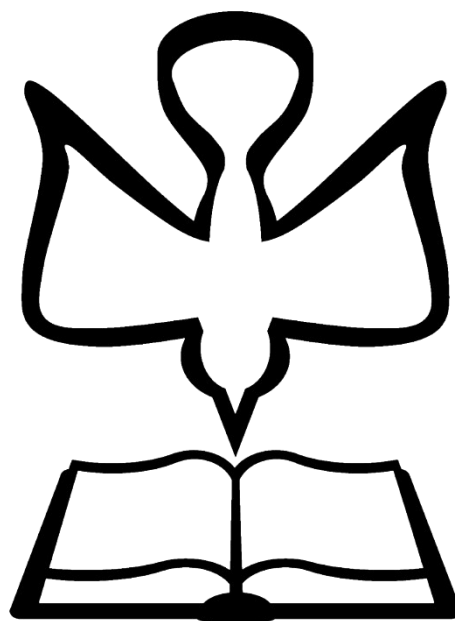
Author Peter Scazzero defines success according to the bible as 'becoming the person God calls you to become and doing what God calls you to do – in his way, and according to his timetable'. You cannot do any of these things in your own strength. You need the Holy Spirit!

Many Christians are handicapped by wrong thinking, such as 'I can't' and 'I'm not good enough'. This is worldly thinking. It is far removed from scripture where we are told that 'his grace is sufficient for us'. Grace is about the Holy Spirit enabling us to do what God is calling us to do. It's about strength in weakness.

I think it's essential to practice stillness and mediating on key verses in the bible. This will give the Holy Spirit the space and material to change your heart and mind. Faith is not about what you know but who you know!

May the Holy Spirit guide, strengthen and transform you.

God bless,



*Rev'd Chris Smedley*

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## From the editor

How are you enjoying “Step 3”? So far the only difference I've noticed is that it's possible to go indoors to the pub! And the one time I've been to the pub since Step 3, it was such a nice afternoon that we were out in the beer garden anyway! But it's good news that things are improving, even if we have to be careful because Erewash is a bit of a hot spot for this new Indian variant.

We have a couple more good-news stories for you this month. Georgia Saunders of The Mill Gymnastics Academy in Draycott has been fundraising for Lymphoma Action to support her friend and coach at the Academy, Eden, who contracted Hogkins's lymphoma. “Coach to 5k” – a variant of “Couch to 5k” was Georgia's challenge. Read all about it on page 2221.

David Jones will be well known to many in both villages, not least because he is one of the founding members of the Men's Danger Club (which hopes to be in action soon). David is making a remarkable – miraculous, even – recovery from a stroke four years ago. His story is on page 21.

### Your stories and photos

Do you have a story for us? We want your news and views. Let us know what is happening in your neighbourhood - about clubs, businesses, charity organisations, events and individuals.

Is there an organization, business or individual doing something to help others in the community during this unprecedented crisis?

Is there a project you want to launch and need volunteers to get it off the ground? Has your business won an award or contract, launched a new product or service?

You can also send us your birth announcements, engagement notices, wedding and obituaries. Include a photo if appropriate.

And if you have an opinion or advice about anything you think would be of interest to your fellow readers, please send us a letter. This should be no more than about 400 words and may include a photo (no less than 700kB and no more than 4MB).

Whatever is going on in the area we want to know about it, so do get in touch!

Send your information, editorial contributions and letters to [magazine@stmichaelsbreaston.org.uk](mailto:magazine@stmichaelsbreaston.org.uk), or contact us by telephone on 01332 872094.

*Jonathan Lupton, Editor*

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## **Verse of the month**

*Jesus says "Surely I am with you always,  
even to the very end of the age."*

*Matthew 28:20*

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## **Publishers**

Breaston and Draycott Village News is published by St. Michael's PCC on behalf of churches and organisations in Breaston and Draycott. It is printed by Elson & Hall, Derby Road, Long Eaton.

Contact the editor by post c/o St. Michael's Church Hall, Main Street, Breaston, Derby, DE72 3DX, or see details on page 29.

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## **Copy Day**

For the next issue of the magazine is the 17th of the month.

All copy to be submitted to Breaston Church Office by email please ([magazine@stmichaelsbreaston.org.uk](mailto:magazine@stmichaelsbreaston.org.uk) or give us a ring on 872094). Draycott news can be passed to Rev'd Gary Dundas 872893 by the 15th of the month.



## Still Space

*Thoughts and reflections to help us find peace in our busy lives*

### The cool of the day

The end of a bright, blustery spring day. Slowly, I connect the hose pipe *[this was before the rains came!]* and begin to work my way around the garden, watering pots of smiling, yellow pansies; re-filling the birdbath; admiring the purple profusion of aubrietia bordering the rockery; savouring the rising aroma of mint, lavender, and thyme. Sometimes, in my enthusiasm, I water my feet by mistake but, on the whole, I feel relaxed and close to creation.



It's said that in the very beginning, God would walk around the Garden of Eden looking for Adam and Eve and hoping to enjoy their friendship. In the story, things didn't work out too well but, as I'm pottering about my own garden, with no real agenda – just being in the moment – I often get the feeling that God is walking with me.

What is this God like? A protective, parental figure, arms open wide to give me a hug; a friend I can bounce ideas off or just a delightful whisper of life and creativity? However I see him or her, I believe that this God enjoys our time together in the special stillness that comes 'in the cool of the day' (Genesis 3:8).

There are many ways that we can spend time with God. For me, this wandering round the garden really helps my soul find rest, perhaps because it's one of the few times my mind is in neutral and I'm allowing myself just 'to be'. Many people would certainly agree that being out and about in the natural world greatly helps our physical, mental and spiritual well-being.

As we emerge from the weary, lock-down period and begin, safely, to renew our interactions with family and friends, many of us will feel thankful for the gardens and open spaces that have been our lifeline and even our places of encounter with God. Though the suffering from Covid continues around the world and calls for our ongoing prayers, it is nevertheless a good time to lift our hearts in praise to the One who made it all and who gives us the strength to carry on.

# Breaston Village News

## Breaston Parish Council

### Anti-Social Behaviour

The Parish Council continues to liaise with residents and the local beat team regarding reports of anti-social behaviour in the village. There seems to be a growing number of young people bent on drinking and taking drugs particularly on Perks Park, they insist on breaking the bottles once they've drunk them and leave a big clear-up job for our volunteer litter pickers and parish caretaker. This litter of course presents a danger to other people who wish to use the park; children and dogs taking exercise are especially at risk from the broken glass and drug paraphernalia. We are investigating the possibility of some youth diversion sessions and will hopefully be able to update you on the matter in the coming weeks. In the meantime, the local beat team regularly patrol the hotspot areas in the village and last week confiscated 12 bottles of beer and a bottle of vodka and visited parents of those involved – an ASB letter will be sent too. Should you see any anti-social behaviour anywhere in the village please report it to the police so that they can take action.

### Duffield Close

We have an unplanned addition to Duffield Close – someone has planted an oak sapling, whilst this may seem a lovely gesture it causes many issues. You clearly can't just go around planting trees wherever you like; there are ramifications relating to events that are held on the Close, and grounds maintenance contracts are set up and agreed for machinery to be used on certain areas that don't allow for such unplanned additions. If you know who has planted the tree or are indeed the person responsible please contact the Clerk so that we can organise the removal of the tree to a more suitable site.

### Perks Park

Thankfully it's not all doom and gloom: the consultation on improvements to Perks Park came to an end last month and we were delighted by the number of responses received. Councillors are now collating the replies which will be considered when any decisions are made about work to be undertaken at the park. Watch this space for further news as the project progresses.

The old goalposts on Perks have been replaced and repositioned to take advantage of a flatter area on the park – as you may know, the undulations

meant that you had to run up hill and down dale between the goals previously! Hopefully, the budding Harry Kanes and Stephanie Houghtons who play on the field will take advantage of this better pitch!



### Council meetings

Unfortunately, the Government decided not to extend the legislation that allowed local authorities to hold remote meetings and as of June we will have to return to Face-to-Face meetings, those of you that are familiar with the Parish Rooms know that it is not possible to socially distance with 12 Councillors, the Clerk and members of the public in such a small space. Luckily we've been able to make arrangements for the **June and July meetings to be held in the Methodist Church**. This will allow us to keep everyone safe with sufficient space to socially distance. The June meeting is at 7:15 pm on Monday the 14th; we would be grateful if you could contact the Clerk if you wish to attend so that we can prepare for the number of people who will be present. [breastonparish@outlook.com](mailto:breastonparish@outlook.com) 01332 870119.

### Trees

A rowan tree was planted on Duffield Close (between the path and the Scout Hut fence) to replace the maple that we sadly lost to disease, it is in memory of Cllr Susan Toon who served the Parish Council for many years. We are also pleased to report that the replacement trees on Wilsthorpe Road also seem to be thriving which is excellent news!

### Facebook page

Please follow us on [www.facebook.com/Breaston-Parish-Council-100893088372240](https://www.facebook.com/Breaston-Parish-Council-100893088372240).



*Nicala O'Leary, for Breaston Parish Council*

## Clubs and Societies

### Breaston Flower Circle

#### *Spring Arrangements by Beverley Artis, April 27th*

Beverley Artis demonstrated three mini arrangements at this month's Flower Circle zoom meeting.



To start the evening, Beverley's 'hat box' was a clever 'no oasis' design. Fresh Spring colours were set among sprigs of the large-leafed Eucalyptus. It was the perfect setting for scented lilac spires of stocks to create the outline and structure which encompassed the variety of delicately toned Avalanche Roses. The daisy-like Tanacetum was

equally spaced amongst the leaves, the ideal catalyst for the delicate grey of the foliage.

The second structure was very different, modern, but equally stunning. A simple, wooden elongated dish was the setting for the twigs of White Beam, which were used to capture the serrated edges of the spikey Gerberas along the crescent shape created by the foliage.

The final design was an opportunity to celebrate the upcoming National Flower Arranging Day on May 7th, when members have been invited nationally to create and display a wreath to hang on their front doors.

One of Beverley's projects was to use lush green foliage as a base for groups of spray roses accompanied by the Sabrina orange Lisianthus. The whole was tied together with stems of deep pink Gerbera with vivid lime green centres. Spectacular....

The zoom meeting proved to be very successful, and we left the meeting with our heads full of practical suggestions on how to improve our own arrangements.

An evening certainly well spent.

*Elaine Bainbridge*

### Breaston Belles W.I. News

The annual meeting was held in May. Most of the committee remained in post and Suzanne Tate was elected president. Thanks were given to Helen Percival for her contribution during her time in post. Members crafted along as Hayley Dell

**theWI**  
INSPIRING WOMEN

showed how to make decoupage jars and bottles. Some very professional-looking items were made.



*Breaston Belles zooming in on their decoupage*

The change of covid rules and the roll-out of vaccinations allowed the first outdoor meeting of 30 members this month, with members keen to meet with so many others for the first time in many months. However, we're looking forward to being able to meet inside in small groups, as some of our outdoor meetings have been rained off this month!

Members' meetings are 2nd Thursday of the month at 2 pm, currently on zoom. The speaker for June will be giving tips on how to improve our family snaps. For more information, please contact Chris Barker, membership secretary, on 01332 873115 or [breastonbelleswi@talktalk.net](mailto:breastonbelleswi@talktalk.net)

*Suzanne Tate on behalf of Breaston Belles WI  
[breastonbelleswi@talktalk.net](mailto:breastonbelleswi@talktalk.net)*

## Co-op opening and Food Bank collection



Beaston's Co-op reopened on 29th April, too late for last month's edition. In a brief ceremony, manager Andy Fearn (left) donate some hampers of food to the Canaan Trust, the Long Eaton-based charity for the homeless. Receiving the hampers were Sarah Warburton (centre) who has been organising the food collections in the village for the Canaan trust and the

Long Eaton and Sawley Food Bank, and Kevin Curtis (right), the project manager at the Canaan Trust.

At the food collection on May 15th (held at Firfield School, courtesy of the headteacher). Sarah writes: "Thank you so much to everyone for their food donations yesterday. We had a wonderful response from the village and received 40 crates worth of food. A special mention to the Street Leaders who helped organise local collections, the fabulous team of volunteers who helped sort all the food and Mr Yellop at Firfield School for his continued support.

"We were blessed to see several families with children attend and it was lovely to see children excited about giving. Your donations all help the Canaan Trust and Sawley & Long Eaton Foodbank to continue doing their great work!"

### ***The Co-op in the past***

Now that we have a shiny new Co-op, we thought it would be interesting to see what the Co-op was like in days gone by.



Originally the Co-op was on Blind Lane, in what is now Anderson's. Breaston Co-op was certainly there in 1879, becoming branch number 4 of Long Eaton Co-op in 1895. The shop was rebuilt and extended around 1901. The shop front is still recognisable!

The Co-op eventually moved to large premises in the early 1930s on the corner of Wilsthorpe Road and Woodland Avenue. The spacious interior is now occupied by Leisure Lakes cycles; in between, it has been a yacht supplies shop and a winter sports shop – quite a varied history!



# Draycott Village News

## Draycott and Church Wilne Parish Council News

### Volunteer Thanks

Mrs Pauline Hutchby has voluntarily looked after the War Memorial for over 30 years. She recently contacted the Council to resign from this work. The Council would like to acknowledge the work of Pauline and her family over the years – she has amazing stories about most of the names and families on the War Memorial and it is always a real pleasure for the council to hear local family history brought to life. THANK YOU, PAULINE.

If anyone is interested in helping with the general upkeep and maintenance of the War Memorial, please contact the clerk (details below)

### St Chad's Local Nature Reserve

The new fence has now been completed and we have received a donation of monies towards a picnic table from the Church Wilne Rotary. We are also going to fund another picnic table so in the very near future there will be two picnic tables that will be accessible for wheelchairs and mobility scooters to use – they will be situated near the car park on the grass by the bird feeding area (and the nearby bin!). We are also going to replace the wooden bridges as they have come to the end of their lifespan with concrete bridges (requiring no maintenance costs) as well as 50 meters of the eroded pathway.

### Logs at St Chads Water LNR

Please do not attempt to remove the logs at St Chad's Water - the police have issued a warning to a Member of the Public on the 18th May for attempting to remove a large number of logs (using a chainsaw, driving through the land etc). **Removing logs is THEFT.**

The logs will be used for a future project that will benefit users of the Nature Reserve and as wildlife habitats.

If you see the illegal removal of logs, please phone the police on 999 to report a theft in progress.

### Making Draycott Playing Fields Accessible for all

Following a number of residents requests about access for wider pushchairs (twin buggies), mobility scooters and wheelchairs, we will be installing a new locked gate next to the Football Pavilion on Gertrude Road. The gate will be operated via a key (and padlock). If any resident of the Parish would like a key, please contact the Clerk (details at the end). There will be a £10 refundable deposit on the key and we will ask each Key owner to sign that it is for their use only and they will ensure that the gate is locked

after each use. In the past, we had issues where people accessed the playing fields with motorbikes and horses and damaged the grass and football field – this is why all of the current entrances have restricted widths.

### **Recording of the Annual Meeting of the Parish**

The Annual Meeting of the Parish (of which all residents were invited) took place on the 29th April. The meeting was recorded and you can access the presentations via our website under the news section [www.draycott-pc.gov.uk/news](http://www.draycott-pc.gov.uk/news).

### **Annual Parish Council Newsletter**

We have produced our annual newsletter; we have not distributed a paper copy to every household due to Covid-19 and our commitment to the environment. You can access the electronic version via our website [www.draycott-pc.gov.uk/news](http://www.draycott-pc.gov.uk/news) - if you would like a paper copy delivered, please contact the clerk (details at the end).

### **Cemetery Updates**

The Cemetery Well hand pump has been replaced and you can once again draw water from the well to water plants and flowers. We have also re-surfaced several paths that have worn.

### **Free Parking at the Leisure Green**

As lockdown measures are eased, we would encourage all residents and visitors to support our local businesses (where you can) and remind you all that to ease congestion around Market Street to please use the Free Parking facilities a very short walk away at the Leisure Green (in between the Chip Shop and the Long Eaton Table Tennis Club)

### **Virtual Parish Council Meetings ended on the 7th May 2021**

The law that was passed to allow Parish Council's to meet virtually ended on the 7th May. The size of the Parish Rooms does not allow 11 members of the Council plus the clerk to meet within the current guidelines of social distancing (never mind for any members of the public attending) the council RESOLVED at the meeting on the 4th May that they would hold their next meeting on Tuesday 14th September at 7:30 pm. The clerk has been delegated to undertake any decisions during this period so normal activities will continue.

Can we remind all residents to continue to adhere to all government guidelines regarding COVID-19 so that we can all be safe and well and we hope to see you in the future when it is safe to do so?



In these uncertain times, the best way to contact the council is via phone on 01332 875278 or email [draycottpc@gmail.com](mailto:draycottpc@gmail.com). Our website is [www.draycottparishcouncil.org](http://www.draycottparishcouncil.org).

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## Draycott and Wilne Women's Institute

Draycott & Wilne members were still only able to meet outdoors under the Rule of Six regulations in April. We carried on with the party theme for the second group. As the first group had celebrated the Christmas we had missed, Group 2 had a Birthday party. We enjoyed Birthday cakes – 2 actually – played Pass the Parcel and had tea. The weather was kind once again, for our outdoor event.



The planning for the next group for a Rule of Six meetings for May was discussed. We will all look through our cupboards and wardrobes for hats. Specifically, a hat with a story.

Looking forwards further, we hope the lockdown easing will allow a full WI meeting in June – but we are obviously watching the news.

Draycott & Wilne WI usually meets on the 3rd Thursday in the month at the Methodist Church Hall, Market Street at 7:30 pm. We would love to see any ladies join us, once we get the go-ahead. Further information through [draycottandwilnewi@hotmail.com](mailto:draycottandwilnewi@hotmail.com)

*Kris Bingham*

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## Church Wilne Rotary Club

On the 26th April 2021, The Rotary Club of Church Wilne were treated to an informative presentation by George Bird of the Trent Valley Wildlife Trust. George gave a fascinating presentation of the Trust's development of the Nature Reserve at Willington in Derbyshire and particularly the proposed introduction of Beavers into the Reserve.

George informed the members that the Reserve comprised forty-seven hectares made up of wetland, grassland, woodlands and reed beds. Eight hectares of reed beds are home to a variety of animals, insects and birds including elusive Bitterns. The wetlands sustain a variety of animals and flowers and hold water which is released slowly into the River Trent. It is home to herons, dragonflies, kingfishers and otters. The wetlands are supported by woodlands which are both wet woodlands and plantation woodlands which support a variety of birds and animals such as foxes and badgers

George emphasised the importance of land management and the environment and accordingly The Trust endeavours to replicate and promote the natural habitat and follow the natural world. The many volunteers work extremely hard to mimic natural development where this is possible.

The next project to be undertaken at The Reserve is the introduction of beavers later in the year. It is anticipated that the beavers will help to manage the wetlands and restore much of its natural features. They are seen as 'eco-engineers' and will benefit other species and promote new plants and vegetation through the silt and sediment created by the dams built by the Beavers.

In conclusion, George said The Reserve is an important environmental tool against global warming as it holds vast amounts of carbon that would normally escape into the atmosphere.

It was extremely interesting to hear of the very important work undertaken by The Trust and its vital work that impacts so positively, not just on the flora and fauna it encourages and supports, but also as an ecological tool to help towards emissions targets.

The Clubs vote of thanks was given by Rotarian Tony Beenham who thanked George for an interesting and informative talk and presentation on a local Reserve. We look forward to learning of future developments following the introduction of the Beavers.

*Paul Fleming - Club Editor*

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## **Derby & Sandiacre Canal Update**

Anyone walking along the Millennium Path at Hopwell Road will have seen that work is progressing on the cottages. Attention has now turned to the café area and the roof on the outside loos is almost complete with work underway on the café kitchen and servery. We hope to have it ready this year. We have been delighted by the interest shown by the public, not only in the work we are doing, but also from some individuals interested in occupying the cottages or running the café. It is comforting to know there's such interest. As we won't be selling the cottages now we are raising supporters loans and are well on our way to full funding this way and avoiding bank fees and high interest rates. If you are interested in helping, you can get more details from the treasurer on [treasurer@derbycanal.org.uk](mailto:treasurer@derbycanal.org.uk). Visit the website at [www.derbycanal.org.uk](http://www.derbycanal.org.uk).



# Church News

## Church of England Services

St. Michael's, Breaston

Sundays            9:00 am Holy Communion  
                          10:30 am Celebration service (also live-streamed)

Wednesdays 10:30 am Holy Communion

Saturdays            10-12 Church open for private prayer

To find our YouTube channel, search YouTube for St. Michael's Breaston.

### *Annual Meeting*

At the Annual Meeting held on 17th May, Stephe Bowley and Mark Huskisson were appointed as churchwardens. Jan Wilkinson retired after 42 years on the PCC, and 20 years as a churchwarden at various times. Presentations were made at the Sunday services the day before to express our gratitude for so many years' faithful service.



*Jan Wilkinson Is presented with a Certificate Of Appreciation for 20 years' service as churchwarden, by Rev'd Chris Smedley*

## St. Mary's, Draycott

Sundays 10:30 am Holy Communion on the 1st and 3rd Sundays

Normal Covid rules apply, which means numbers will be restricted, masks must be worn, and there will be no singing (other than by the band at the 10:30 service in St. Michael's)

Our website (covering both churches) is [www.wdbchurches.org.uk](http://www.wdbchurches.org.uk).

### Facebook

Keep in touch with what's happening at St. Michael's and St. Mary's by looking at our Facebook page:

[www.facebook.com/stmarysdraycottandstmichaelsbreaston/](http://www.facebook.com/stmarysdraycottandstmichaelsbreaston/)

Do join us for daily prayer at 9:30 am on weekdays on our Facebook page.

## Methodist Church Services

### Draycott Methodist Church

Market Street Draycott DE72 3NB

We are now open for worship  
Social distancing and face masks required

June 6th	10:30 am	Mrs Theresa Hartwright
June 13th	10:30 am	Local arrangement
June 20th	10:30 am	Mrs Judith Neal
June 27th	10:30 am	Mrs Janet Patmore

Please come and join us  
You will receive a warm welcome

### Breaston Methodist Church

We are excited to hold all our services back in our building at 10:30 am every Sunday morning (with Covid guidelines in place). Please put Sunday, June 27th in your diaries as a special service, more details will be available nearer the time and as the Government Guidelines are updated.

On Sunday, May 16th we were thrilled to be able to present our Pastoral Lay worker, June Farrant, with flowers and a gift to express our appreciative thanks for her ministry.

Our fortnightly bible study group, 'Thinking about God', and 4-weekly conversation game 'Tabletalk' continue by Zoom until we can meet in person and revert to indoor meetings. Further information nearer the time can be had from Paul on 07722 317 617.

## Articles

### **Miracles do happen!**

David Jones is a remarkably interesting person having had some amazing encounters with God. It all started when he was sixteen and was invited by a couple of friends to a Billy Graham 'Youth for Christ Rally' in Derby. He wrote a book called 'Why Me?' in 2017 telling the amazing stories of the events that changed his life (see details of obtaining a free copy below).

Jonathan and I met David in 1996 when he attended an Alpha Course in our home in Breaston. Jane, his partner, had tried to stop him from coming to the first evening of the course and had destroyed the invitation. But he still attended, much to her annoyance. He told me that later when Jane was driving them up the A1 he put on a tape of my testimony telling how I had become a Christian after being healed miraculously. It touched Jane's heart and she then started attending Alpha. They got married in 1999 and were both baptised at the Oasis Christian Centre in Long Eaton. They then started running Alpha in their own home in Breaston.

David felt led to pray for guidance on how to bring the church and community closer together in Breaston. He felt God was telling him to make a Christmas CD involving the churches and children in the village which was delivered to every home in Breaston. It was a great success.

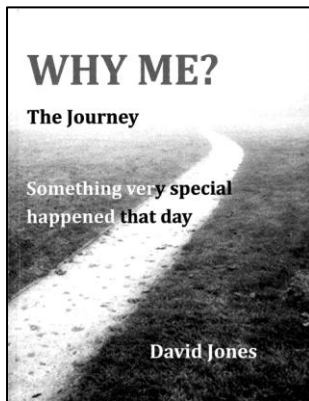


*David at a  
Men's Danger Club event*

In 2011 he was felt led to start the Men's Danger Club which has now held 100 events in both Breaston and Draycott such as canoeing, archery, orienteering (as well as more gentle activities such as talks and curry evenings).

Unfortunately, in 2018 David had a stroke which left him unable to walk and affected his speech badly. However earlier this year David was found to have Covid after being admitted to hospital with a chest infection. Not only did he survive but when he arrived home his speech had improved and his sense of humour had returned. Also, he was now able to stand and is learning to walk again with the help of the physiotherapist.

Everyone has said that is miraculous. David is still showing that God does answer prayer and God is using him as a practical example of it being true!



If you would like a free copy of David's book, 'Why me' or a CD of my story 'Miracles and Motorbikes' please get in touch – [jean.lupton@gmail.com](mailto:jean.lupton@gmail.com) or (01332) 874170.

*Jean Lupton*



## Another Good News Story

It was great to meet up with Georgia Saunders, who together with her sister Courtney, owns The Mill Gymnastics Academy situated in The Courtyard off Market Street in Draycott. They started their business in March 2019 and despite having to close three times for a total of 9 months, due to the pandemic, they have 490 members plus 200 on their waiting list. The age groups are from two to eighteen with a mixture of boys and girls. The gym is open 7 days a week run by 16 staff, with some youngsters coming from as far as an hour away. They do no advertising, their brilliant reputation is the big draw. Having Olympic standard equipment for all abilities helps to achieve good results, some of them are hoping to qualify for the British Championships this coming November in Guildford.

However, there was an incredibly sad time in December 2020 when 19-year-old Eden, one of the female coaches, was diagnosed with Hodgkin's Lymphoma. This was a shock to everyone, so the team wanted to support Lymphoma Action, a charity that specialised in this disease. Georgia decided to do some fundraising and had seen something on social media called 'Couch to 5K' but decided to call it 'Coach to 5K'. She had to learn to run and followed the NHS programme. She had never done



any running before but began the programme and ran three times a week in all weathers including snow.

She posted it all on social media letting people know how she was doing and giving an update on how Eden was and how well her treatment was going.

Georgia and Eden also made cakes and brownies to sell, and sold 'Spread the Love' jumpers with 100% of the money made going to the cause. It made social media a positive community platform instead of all the negative things that usually appear. Loads of support came from people suffering from Hodgkin's Lymphoma and from many people doing the 9-week programme who had never run before. Georgia also benefitted from losing weight, becoming fitter and it taught her how to have a healthier lifestyle.

Georgia took 14 weeks to get to 5K and did the last run in Long Eaton's West



*Georgia (left) and Eden*

Park with 100 people cheering her on. Lots of the coaches, parents and gymnasts from The Mill joined her on the 5K.

The total raised was £5,815.

The great news is that Eden is now cancer-free with no more treatment needed.

It is so good to have a positive story to report.

Well done everyone!

*Jean Lupton*

## **A message from Robert Parkinson**

I would like to thank you, the residents of Breaston, Draycott and Borrowwash, for re-electing me for another term as your representative on Derbyshire County Council. I very much appreciate your renewed trust which, to the best of my ability, I will try to justify.

*Cllr. Robert A. Parkinson, County Councillor for Breaston Electoral Division*

*Tel.: 07715012459*

## Gardening tips

Welcome to June in the garden. I hope you are all keeping well and keeping busy in the garden – there's plenty to be doing, especially with these showers and sunshine, everything's growing topsy!

I can't believe it's now June and it's summer! It really is a wonderful time in the garden as flowers are starting to appear in abundance and in the vegetable garden some things are starting to be harvested such as early new potatoes. Oh, I do love this time of year and with the longest day this month, we get to make the most of the extra light and warmth.

It's pretty safe to assume that the frosts are behind us now (although nothing is guaranteed), so now is the time to plant out those plants that have been brought on in the greenhouse. Be cautious about rushing this: make sure your plants are acclimatised to the outdoors by hardening them off, but always have some fleece or newspaper just in case should a night frost be forecast.

### Jobs in the garden this month

- There is still time to plant runner beans - sow them directly in the ground now.
- Although fruit trees will naturally shed some fruit (called the 'June drop'), aim to thin out congested branches further for bigger and better fruits.
- In the greenhouse, open vents and doors on warm days and dampen down on hot days to increase humidity.
- If the weather turns very dry, set your mower blades higher to reduce stress on your lawn.
- Plant out annual summer bedding plants now that the risk of frost has passed



### Gardener Steve's Plant of the Month

#### *June, Month Of The Rose*

Gardening and health have forever been connected but last year we experienced this bond in ways we could have never imagined. In March 2020, our lives entered strange new times, we became heavily reliant on two things we had come to take for granted in our busy everyday lives - our National Health Service and our outdoor spaces.



It seemed fitting that this year we celebrate both our NHS and the outdoor havens that we have relied so much upon, that a rose has been released for 2021 called 'Nye Bevan,' named after the founder of the NHS

During World War Two, Aneurin Bevan was one of the leaders of the left in the House of Commons. After the landslide Labour victory in the 1945 general election, Bevan was appointed minister of health, responsible for establishing the National Health Service.



*Nye Bevan*

David Austin Roses are introducing this uplifting variety, whose light and airy blooms radiate hope and positivity and I have three of them to plant and they will be alongside a pathway leading to the front door so there going to look fabulous – I and can't wait to see them in bloom.

Another new release you want to look out for this year from the renowned Harkness Roses Breeding programme is this fabulous Hybrid-Tea rose named after the late Captain Sir Tom Moore, who raised

almost £40m for the NHS. Before he sadly passed away, aged 100, Sir Tom understandably captured the nation's heart, and this rose is deservedly named in his honour.

A variety producing masses of perfectly formed, gorgeously scented, double-flowered red roses from May to October each year, this rose is perfect for planting in pots, as well as beds and borders it is totally winter-hardy and will grow 3ft high. For every rose sold, £2.50 is donated to The Captain Tom Foundation.



*Captain Sir Tom Moore*

**Finally...**

Have a great month and will see you all in July! I would love you to get in touch to share your gardening stories, news and photos from around and about or to ask a garden question. I look forward to hearing from you. Email me at [gardenersteve24@live.co.uk](mailto:gardenersteve24@live.co.uk).

*Steve Walton*

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## **NHS Keyworkers in Charity Fundraiser**

Frontline NHS workers from two Derbyshire GP practices are in a head-to-head fitness battle which is raising funds for end-of-life charity Treetops Hospice.

More than 130 members of staff from Park Medical and Overdale surgeries – including those who helped prepare Derby Arena ahead of their mass Covid vaccination programme – are walking, jogging and cycling a total of 8,187 miles; the equivalent number of miles between Derby and Tokyo, where the postponed Olympic Games is set to take place.

Staff have been split into seven teams of 21, each with a team captain. They are recording their progress via fitness app Strava and are hoping to raise hundreds of pounds for Treetops, which provides nursing care and emotional support for adults with life-limiting conditions such as cancer, motor neurone disease and heart and respiratory conditions across Derbyshire and Nottinghamshire.

Heather Simpson, who celebrates her 30th year working for Park Medical Practice this year, said: "The past 12 months have been a very challenging time for the practice and its staff. Since the start of the pandemic, we have been working hard to run the GP surgery, helping to set up and run the 'red hub' for Covid patients and set up the vaccination centre at Derby Arena.

"The staff are working so hard, splitting their time working at the practice and also at the arena with many giving up their days off, weekends and annual leave to help the people of Derby city get vaccinated.

"Treetops has always been a charity which is close to the hearts of everyone at Park Medical and Overdale practices; our patients benefit greatly from the services provided by the hospice and some members of our patient participation group volunteer there. We have entered a team into the Starlight Strut every year, too.

"This challenge gives our staff a non-Covid focus and is a chance to have fun whilst also improving both physical and mental wellbeing. Sometimes it gets forgotten that we are also facing the same personal challenges as others during the pandemic, as well as trying to do the right thing.

"We encourage staff to be kind to themselves and going for a walk, run or jog on your own or with loved ones is a great way to clear your head. This challenge is a good way of keeping active and raising funds for a good cause; we know of the challenges which charities such as Treetops are currently facing due to Covid."

The Derby to Tokyo challenge began on March 20 and the teams are hoping to have completed it by the time the rearranged Olympic Games begin on July 23.



*Park Medical and Overdale surgeries staff complete fundraising challenge*

To do this, each team will have to log a minimum of 65.2 km of activity each day. It is hoped that the teams will raise at least £3,000 for Treetops.

“We do hope that we’ll be able to do team walks once Covid restrictions are lifted,” added Heather, who is practice manager at Park Medical.

“Some staff are walking at lunchtime to give them a screen break and to get some fresh air. The team challenge will allow the staff to get to know each other better and to form closer bonds.

“We have had support from our patients, many who we have continued to see over the past 12 months as we carry on with routine appointments such as immunisations for children, smear tests and blood tests.

“We have learned so much during the pandemic and while the services which we offer may have changed, the commitment to provide our patients with the very best care we can with the resources we have available hasn’t.

“The patients have all been very grateful and we have received some lovely cards and feedback about how hard the team has worked. I hope that they will all be proud of how their practices are getting involved with the challenge and continue to support us.”

To donate to the Park Medical and Overdale surgeries challenge, head to their Just Giving page: [www.justgiving.com/fundraising/derbytotokyo](http://www.justgiving.com/fundraising/derbytotokyo).

# Contacts

## Draycott

### St. Mary's, Draycott & St. Chad's, Wilne

Vicar	Rev'd Chris Smedley	01332 872242
Associate Priest	Rev'd Gary Dundas	01332 872893
Deputy Wardens	Kris Bingham (St Mary's)	
	Kathleen Poyser (St Chad's)	
Treasurer	Paul Stuttle	
Secretary	Kris Bingham	
Sunbeams	Jodie Kirk	07711 270109
St Mary's Hall	Caroline Riley	01332 874339
Friends of St Chad's	Lynne Blackburn	01332 873874
	Keith Wright	01332 875641

### Draycott Methodist Church

Minister	Rev'd Colin Emerson	01332 670587
Lay Pastor	Judith Neal	01332 832108
Senior Steward	David Murden	01332 873388
Hall Hire	Allison Hill	01332 872902
Wesley Guild	Mary Murden	01332 873388

### Draycott Messy Church

Pat Hopgood		01332 928412
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### Other contacts

Draycott Village Fund Will Batchelor	<a href="mailto:draycottvillagefund@hotmail.com">draycottvillagefund@hotmail.com</a>
Draycott W I	Kris Bingham <a href="mailto:krisbingham@hotmail.co.uk">krisbingham@hotmail.co.uk</a>
Draycott Brownies	Caroline Riley or <a href="http://www.girlguiding.org.uk">www.girlguiding.org.uk</a> Carolyn Bassett
Draycott & Church Wilne History Group	<a href="mailto:alesi4@sky.com">alesi4@sky.com</a>
	Clive Wilkinson 01332 872615
Draycott and Church Wilne Parish Council	<a href="mailto:clerk@draycott-pc.gov.uk">clerk@draycott-pc.gov.uk</a>
	Sheena Butcher (Clerk) 01332 875278 <a href="http://www.draycottparishcouncil.org">www.draycottparishcouncil.org</a>
Draycott Army Cadet Detachment - Fern Marie Denner	07702 086813

Would you like your group's contact details here? Do let us know (contact details on page 8)

## Breaston

<b>St. Michael's</b>	Church Office	01332 872094 <i>office@stmichaelsbreaston.org.uk</i>
The Rector	Rev'd Chris Smedley	01332 872242 <i>rector@stmichaelsbreaston.org.uk</i>
Associate Priest	Rev'd Gary Dundas	01332 872893
	Rev'd Maria Przeslawski	01332 874480
Youth, Children's and Community Worker	Simon Bentley	07791 419 595
<b>Breaston Methodist Church</b>		
Minister	Rev'd Arnold Dixon	0115 973 4474
<b>Breaston Art Club</b>	Julia Gardner	07585 778 207
<b>Breaston Belles WI</b>	Glynis Stafford	07986 961162 <i>breastonbelleswi@talktalk.net</i>
<b>Breaston Community Forum</b>	Julie Rowlinson	07900 241 886
<b>Breaston Churches Together Lunch Club</b>		
	Nancy Plummer	01332 873619
<b>Breaston &amp; Draycott Village News</b>		01332 872094 <i>magazine@stmichaelsbreaston.org.uk</i>
<b>Breaston Gala</b>	Sarah Lester	<i>www.breastongala.org.uk</i> <i>secretary@breastongala.org.uk</i>
<b>Breaston Park Football Club</b>		<i>www.breastonpark.com</i>
<b>Breaston Parish Council</b>	Parish Rooms, Blind Lane	01332 870119 <i>breastonparish@btconnect.com</i>
<b>Breaston WI</b>	Josie Morris	01332 874325
<b>Brownies</b>	Louisa Theyers	01332 872323
<b>Men's Danger Club</b>	John Skinner	01332 874417
	Adrian Young	07576 869033
	John Bowley	07793 550595
<b>Methodist Wesley Guild</b>	Nancy Plummer	01332 873619
<b>Pre-School Playgroup</b>	Sarah Gallacher	01332 874832
<b>Rainbows</b>	Melanie Arden	01332 875059
<b>Sunbeams</b>	Jodie Kirk	07711 270109
<b>The Village Singers</b>	Jan Wilkinson	01332 872753
<b>VIPs and Deaf-Blind Group</b>	Nancy Plummer	01332 873619
<b>Youth Café</b>	Simon Bentley	07791 419 595



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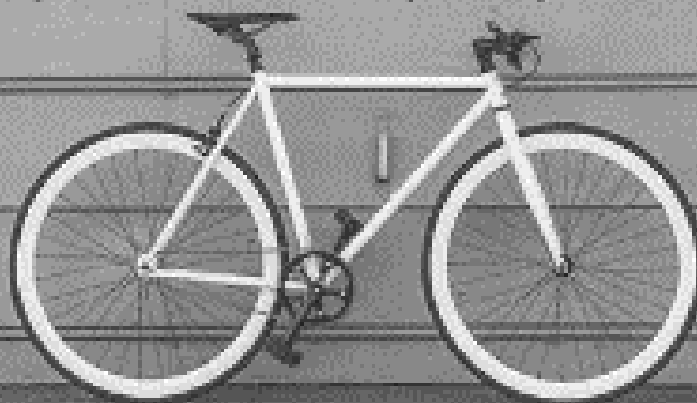
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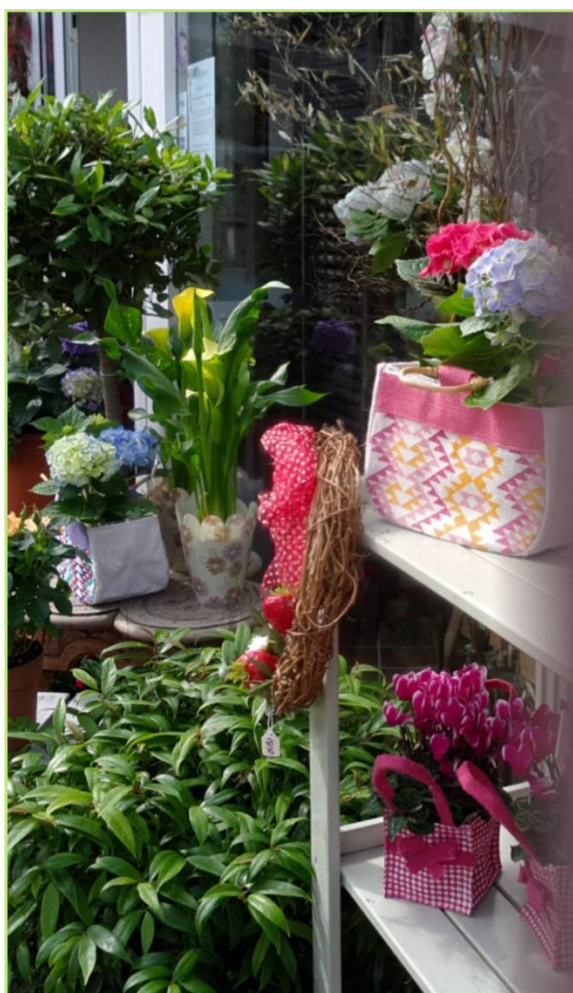
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